9:30 Exercise & Medita 10:30 Boggle	3	Tuesday				March 2025								
& Medita	3			Wednesday		Thursday		Friday						
	tion 9:30	4 Exercise	9:30 10:30	Exercise & 5 Karaoke Categories	9:30	Exercise and 6 Guided Meditation	9:30 10:30	Exercise & 7 Yoga Breath Shabbat						
1:00 Trivia- Eng		Entertainment and Dance Bingo	1:00	Spring time Teri's Yoga	10:45 1:00	Health Trivia In Like a Lion Sports Day	11:30	Entertainment Shabbat						
2:00 Stretch a Balance 2:45 Coffee & 3:00 Art or Discussion	2:00 Snack 2:45	Afternoon Stretch Coffee & Snack Art/ Discussion	2:00 2:45 3:00	Art Project Coffee Klatch Vivian's Escapades	2:00 2:45 3:00	Balance & Stretch Coffee & Snack Sam's Escapades	1:00 2:00 2:45 3:00	Our Pets Movie PM Stretch Coffee Social Movie/ Games						
Discussion	3.00	Arty Discussion		Escapades			3.00	Wovie/ Games						
9:30 Exercise & Medita	10 9:30	11 Exercise	9:30 10:30	Chair 12 Boxing Let's Reminisce	9:30	Exercise & 13 Meditation	9:30	Exercise & 14 Positive Affirmation						
10:30 Boggle	10:30 1:00	Entertainment & Dancing Bingo	1:00	School Days Word Fun	10:45 1:00	St. Patrick's Day Trivia Sport's Day		Shabbat Entertainment Shabbat						
1:00 Word Scr 2:00 PM Stret	amble 2:00	Stretch and Balance	2:00 2:45	Chair Yoga Coffee Klatch	2:00	PM Stretch	1:00	Jokes & Puns Movie PM Stretch						
2:45 Café 3:00 Art/Discu	2:45	Coffee & Snack Art or	3:00	Vivian's Escapades	2:45 3:00	Coffee and Snack Sam's Escapades	2:45 3:00	Coffee Klatch Movie/ Games						
	. 47	Discussion		- · · · · 10		- 20		5 i 0 24						
9:30 Exercise Meditation		Exercise 18	9:30	Exercise & 19 Karaoke	9:30	Exercise & 20 Guided Meditation	9:30 10:30	Exercise & 21 Positive Thoughts Shabbat						
10:30 Boggle	10:30 1:00	Entertainment & Dancing Bingo	10:30 1:00	Sing Along- Eng. & Spanish Teri's Yoga		Spring Trivia Constellations Sport's Day	11:30	Entertainment Shabbat						
1:00 Getting t You- Eng 2:00 Yoga Stre	o Know /Span 2:00	PM Stretch Class		Art Project		Yoga Stretch	1:00 2:00	Famous Composers Movie Afternoon Stretch						
2:45 Coffee So 3:00 Art/Discu	2:45 ocial	Coffee & Snack Art/Discussion	2:45 3:00	Coffee Klatch Vivian's Escapades	2:45 3:00	Coffee & Snack Sam's Escapades	2:45 3:00	Coffee Social Movie/Games						
9:30 Exercise	§ 24	25	9:30	Chair 26	9:30	Exercise 27	9:30	Exercise & 28						
Meditatio		Exercise		Boxing Categories		and Meditation		Positivity						
10:30 Boggle	10:30 1:00	Entertainment & Dancing Bingo	1:00	Flowers Sing Along	10:45 1:00	Food Trivia Limericks Sport's Day		Shabbat Entertainment Shabbat						
1:00 Trivia- Er Spanish 2:00 PM Stret	2:00	Stretch and Balance	2:00	Afternoon Stretch	2:00	PM Stretch and Balance	1:00	Spring Poems Movie						
2:45 Coffee Kl 3:00 Art/Discu		Coffee & Snack Art/Discussion	2:45 3:00	Coffee Social Vivian's	2:45 3:00	Coffee Klatch Sam's Escapades	2:00 2:45 3:00	PM Exercise Coffee & Snack Movie/ Games						
	9:30 Exercise & 31 Meditation			Escapades Caregivers		2 等 种		Therapy Dog						
10:30 Boggle	4	Hannu Dusim		Support Group 3/11 & 3/25	8	LIA DDV		visits & daily garden time.						
1:00 Getting t You- Eng	. & Span	mygy () warr		The second	S	ST. PATRICK'S								
2:00 Stretch c 2:45 Coffee So 3:00 Art/Discu	ocial		5			DAY								



Kurt & Alice Walter Adult Day Care and Alzheimer's Pavilion 954- 900-2536 Fax- 954-749-0081

