





# March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 Exercise & Meditation <b>3</b> 10:30 Boggle 1:00 Trivia- Eng/Span 2:00 Stretch and Balance 2:45 Coffee & Snack 3:00 Art or Discussion	9:30 Exercise <b>4</b> 10:30 Entertainment and Dance 1:00 Bingo 2:00 Afternoon Stretch 2:45 Coffee & Snack 3:00 Art/ Discussion	9:30 Exercise & Karaoke <b>5</b> 10:30 Categories Spring time 1:00 Teri's Yoga 2:00 Art Project 2:45 Coffee Klatch 3:00 Vivian's Escapades	9:30 Exercise and Guided Meditation <b>6</b> 10:45 Health Trivia In Like a Lion 1:00 Sports Day 2:00 Balance & Stretch 2:45 Coffee & Snack 3:00 Sam's Escapades	9:30 Exercise & Yoga Breath <b>7</b> 10:30 Shabbat Entertainment 11:30 <b>Shabbat</b> 1:00 Our Pets Movie 2:00 PM Stretch 2:45 Coffee Social 3:00 Movie/ Games
9:30 Exercise & Meditation <b>10</b> 10:30 Boggle 1:00 Word Scramble 2:00 PM Stretch 2:45 Café 3:00 Art/Discussion	9:30 Exercise <b>11</b> 10:30 Entertainment & Dancing 1:00 Bingo 2:00 Stretch and Balance 2:45 Coffee & Snack 3:00 Art or Discussion	9:30 Chair Boxing <b>12</b> 10:30 Let's Reminisce School Days 1:00 Word Fun Eng. & Spanish 2:00 Chair Yoga 2:45 Coffee Klatch 3:00 Vivian's Escapades	9:30 Exercise & Meditation <b>13</b> 10:45 St. Patrick's Day Trivia 1:00 Sport's Day 2:00 PM Stretch 2:45 Coffee and Snack 3:00 Sam's Escapades	9:30 Exercise & Positive Affirmation <b>14</b> 10:30 Shabbat Entertainment 11:30 <b>Shabbat</b> 1:00 Jokes & Puns Movie 2:00 PM Stretch 2:45 Coffee Klatch 3:00 Movie/ Games
9:30 Exercise & Meditation <b>17</b> 10:30 Boggle 1:00 Getting to Know You- Eng/Span 2:00 Yoga Stretch 2:45 Coffee Social 3:00 Art/Discussion	9:30 Exercise <b>18</b> 10:30 Entertainment & Dancing 1:00 Bingo 2:00 PM Stretch Class 2:45 Coffee & Snack 3:00 Art/Discussion	9:30 Exercise & Karaoke <b>19</b> 10:30 Sing Along- Eng. & Spanish 1:00 Teri's Yoga 2:00 Art Project 2:45 Coffee Klatch 3:00 Vivian's Escapades	9:30 Exercise & Guided Meditation <b>20</b> 10:45 Spring Trivia Constellations 1:00 Sport's Day 2:00 Yoga Stretch 2:45 Coffee & Snack 3:00 Sam's Escapades	9:30 Exercise & Positive Thoughts <b>21</b> 10:30 Shabbat Entertainment 11:30 <b>Shabbat</b> 1:00 Famous Composers Movie 2:00 Afternoon Stretch 2:45 Coffee Social 3:00 Movie/Games
9:30 Exercise & Meditation <b>24</b> 10:30 Boggle 1:00 Trivia- Eng. & Spanish 2:00 PM Stretch Class 2:45 Coffee Klatch 3:00 Art/Discussion	9:30 Exercise <b>25</b> 10:30 Entertainment & Dancing 1:00 Bingo 2:00 Stretch and Balance 2:45 Coffee & Snack 3:00 Art/Discussion	9:30 Chair Boxing <b>26</b> 10:30 Categories Flowers 1:00 Sing Along 2:00 Afternoon Stretch 2:45 Coffee Social 3:00 Vivian's Escapades	9:30 Exercise and Meditation <b>27</b> 10:45 Food Trivia Limericks 1:00 Sport's Day 2:00 PM Stretch and Balance 2:45 Coffee Klatch 3:00 Sam's Escapades	9:30 Exercise & Positivity <b>28</b> 10:30 Shabbat Entertainment 11:30 <b>Shabbat</b> 1:00 Spring Poems Movie 2:00 PM Exercise 2:45 Coffee & Snack 3:00 Movie/ Games
9:30 Exercise & Meditation <b>31</b> 10:30 Boggle 1:00 Getting to Know You- Eng. & Span 2:00 Stretch class 2:45 Coffee Social 3:00 Art/Discussion		<p style="text-align: center;"><b>Caregivers Support Group 3/11 &amp; 3/25</b></p> 		<p style="text-align: center;"><b>Therapy Dog visits &amp; daily garden time.</b></p> 



**Kurt & Alice Walter Adult Day Care and Alzheimer's Pavilion**  
 954- 900-2536 Fax- 954-749-0081

