


The Hamlet November 2024 954 742-2299

Monday		Tuesday		Wednesday		Friday					
<h1>November</h1> 						1	9:30 – 10:00	Coffee & Chit Chat			
							9:45 – 10:15	Sit & Be Fit			
							10:15- 11:30	Shabbat / Entertainment with Tessy			
							11:30- 12:30	Lunch			
							12:30- 1:30	Visit with Viv			
							1:30 – 2:00	End of the Day Discussion			
4	9:30 – 10:00	Coffee & Chit Chat	5	9:30 – 10:00	Coffee & Chit Chat	6	9:30 – 10:00	Coffee & Chit Chat	8	9:30 – 10:00	Coffee & Chit Chat
	10:00- 10:15	Movin & Groovin'		10:00- 10:30	Chicken Soup (book)		10:00 – 10:15	Yoga & meditation		10:00 – 10:15	Sit & Be Fit
	10:15- 10:30	Brain Games		10:30- 11:30	Karaoke with Jaime		10:15- 11:30	Bingo		10:15- 10:30	Brain Games
	10:30- 11:30	Art with Diana		11:30- 12:30	Lunch		11:30- 12:30	Lunch		10:30- 11:30	Shabbat/ Entertainment with Barabra Evans
	11:30- 12:30	Lunch		12:30- 1:30	Potpourri with Jodi		12:30- 1:30	Trivia		11:30- 12:30	Lunch
	12:30 – 1:30	Bingo		1:30 – 2:00	End of the Day Discussion		1:30- 2:00	End of the Day Discussion		12:30 – 1:30	Viv & Mens Group with Mark
	1:30- 2:00	End of Day Discussion								1:30- 2:00	End Of Day Discussion

11	9:30 – 10:00	Coffee & Chit Chat	12	9:30 – 10:00	Coffee & Chit Chat	13	9:30 – 10:00	Coffee & Chit Chat	15	9:30 – 10:00	Coffee & Chit Chat
	10:00-10:15	Movin & Groovin'		10:00-10:30	Chicken Soup (book)		10:00 – 10:15	Yoga & meditation		10:00 – 10:15	Sit & Be Fit
	10:15-10:30	Brain Games		10:30-11:30	Steve the guitarist		10:15-11:30	Bingo		10:15-10:30	Brain Games
	10:30-11:30	Art with Diana		11:30-12:30	Lunch		11:30-12:30	Lunch		10:30-11:30	Shabbat/ Entertainment Noreena
	11:30-12:30	Lunch		12:30-1:30	Potpourri with Gail		12:30-1:30	Phrase of the Day		11:30-12:30	Lunch
	12:30-1:30	Bingo		1:30 – 2:00	End of the Day Discussion		1:30 – 2:00	End of the Day Discussion		12:30-1:30	Visit with Viv
	1:30 – 2:00	End of the Day Discussion								1:30 – 2:00	End of the Day Discussion
18	9:30 – 10:00	Coffee & Chit Chat	19	9:30 – 10:00	Coffee & Chit Chat	20	9:30 – 10:00	Coffee & Chit Chat	22	9:30 – 10:00	Coffee & Chit Chat
	10:00-10:15	Movin & Groovin'		10:00-10:30	Brain Games		10:00 – 10:15	Yoga & meditation		10:00 – 10:15	Sit & Be Fit
	10:15-10:30	Brain Games		10:30-11:30	Beading with Roseanna		10:15-11:30	Bingo		10:15-10:30	Brain Games
	10:30-11:30	Art with Diana		11:30-12:30	Lunch		11:30-12:30	Lunch		10:30-11:30	Shabbat/ Entertainment with Bealoo
	11:30-12:30	Lunch		12:30-1:30	Potpourri with Gail		12:30-1:30	Trivia		11:30-12:30	Lunch
	12:30 – 1:30	Bingo		1:30 – 2:00	End of the Day Discussion		1:30 – 2:00	End of the Day Discussion		12:30-1:30	Viv & Mens Group with Mark
	1:30-2:00	End of the Day Discussion								1:30 – 2:00	End of the Day Discussion

25	9:30 – 10:00	Coffee & Chit Chat	26	9:30 – 10:00	Coffee & Chit Chat	27	9:30 – 10:00	Coffee & Chit Chat	29
	10:00-10:15	Movin & Groovin'		10:00-10:30	Brain Games		10:00 – 10:15	Yoga & meditation	
	10:15-10:30	Brain Games		10:30-11:30	Karaoke with Jaime		10:15-11:30	Bingo	
	10:30-11:30	Art with Diana		11:30-12:30	Lunch		11:30-12:30	Lunch	
	11:30-12:30	Lunch		12:30-1:30	Potpourri with Jodi		12:30-1:30	Phrase of the Day	
	12:30 – 1:30	Bingo		1:30 – 2:00	End of the Day Discussion		1:30 – 2:00	End of the Day Discussion	
	1:30-2:00	End of the Day Discussion							

